

Paths

Reflection Guide

We're a very "destination-driven" society. We want to get where we're going – fast!
What is the benefit of paying attention to *the path itself* that we are on?

What is your attitude when your path is hard or confusing?

What about your attitude when your path is fun and exciting?

Have you ever had to make a sharp turn in your path unexpectedly? What happened?
How did you respond to it? Could you have responded better?

Where are you going? What are your goals?

